



WEST LODGE PARK
YOUR COUNTRY RETREAT

Breakfast Menu

7.00am-10.30am Monday to Friday - 8.00am to 10.30am Saturday & Sunday

Full English Breakfast - £18.00

Includes tea/coffee, orange or apple juice, toast and preserves

Back bacon, Cumberland sausage, black pudding,
field mushroom, hash brown

Choice of Hertfordshire free-range fried scrambled or poached eggs

Baked beans available on request

Fruit Plate **VE GF** - £8.50

Honeydew melon, cantaloupe melon, pineapple, mango
and summer berries

Orange or apple juice - £2.00

2 slices of white or granary toast - £2.50

Unsalted butter and Tiptree preserves

Eggs Benedict - £11.00

Toasted English muffin, 2 Hertfordshire free-range eggs,
Dingley Dell ham, hollandaise sauce

Smoked salmon and scrambled eggs **GF** - £12.00

Sautéed field mushrooms **VE** - £10.50

Served on sourdough with red pepper hummus and hash browns

Toasted English muffin **VE**- £8.50

Crushed avocado and black pepper

See over page for choice of teas and coffees



Eilles Loose-leaf Teas or Café du Monde Cafetière Coffee - £4.50

Served with an American style cookie or three petits fours - advise your waiter

Black Tea

Black tea is crafted to reveal the strongest and deepest flavours. The British Afternoon Tea was developed to complement the rich, dark flavours of these leaves. These black teas have been traditionally hand-crafted in small batches with great care to preserve their wonderful subtleties of flavour.

*English Breakfast
Decaf English Breakfast
Darjeeling*

*Lapsang Souchong
Earl Grey
Assam*

Green Tea

Green tea has as many subtleties of flavour as the finest of wines. The best are both rare and exquisite. The minimum of processing allows the fresh, green flavour of the leaves to be maintained.

*Jasmine Blossom
Green Sencha*

White Tea

White tea is the least processed of all teas. Their young leaves and buds are all picked in spring and dried in the warm sunshine. They share very delicate flavours.

Silver Needle

Herbal Tea

Herbal tea is not strictly 'tea' because all tea comes from the leaves of *camellia sinensis*. They are infusions of the leaves and stems of different herbs. These herbal infusions contain no additives or flavourings and are naturally caffeine-free.

*Chamomile
Fruity Berries
Rooibos*

*Ginger and Lemon
Peppermint*

Continental Cafetière

A blend of beans from Eastern Brazil, Northern Colombia, Kenya and from South West India. To produce a dark, rich, all-day coffee with a wonderful aroma.

