



B R E A K F A S T - N A T U R A L L Y



WEST LODGE PARK
YOUR COUNTRY RETREAT



Valid from May 2018



Welcome to the Mary Beale Restaurant at West Lodge Park

We are pleased that you have joined us for breakfast. Please read through the menu and feel free to ask one of the team for anything that you would like that is not on the menu – we will do our best to accommodate you.

The Mary Beale Restaurant is named after Britain's first professional woman painter, who worked during the reign of Charles II. At her peak, she painted over 80 portraits a year, and many of them grace the walls of the restaurant.

We are proud to be the oldest company in Hertfordshire, dating back eight generations to 1769, and source, where possible, the finest local produce from this great county.

WEST LODGE BREAKFAST

£18

From the Buffet Table, a selection of:

100% Freshly squeezed Orange & Apple juice, Grapefruit, Cranberry, Tomato juice

Still and sparkling Harrogate water

- * Swiss style toasted muesli
- * Homemade granola
- * Banana chips, dried apple
- * Cornflakes, Crunchy Nut Cornflakes, Fruit and Fibre, Frosties, Rice Krispies, Weetabix
- * Traditional Scottish porridge, made to order upon request, with semi skimmed milk or soya milk
- Tim's Buckinghamshire Greek style natural yoghurt
- * Mixed berry compote, fruit coulis
- * Seasonal fresh mixed berries
- * Honeydew melon, pineapple slices, cantaloupe melon
- * Pink grapefruit segments
- * Apricots, dried figs, prunes
- * Fresh whole fruit bowl

* Vegan Options



Danish salami, & Dingley Dell ham

Farmhouse Cheddar and Emmental slices

Freshly baked Danish pastries, mini croissants and pain au chocolat

White and granary toast, white and granary bloomer

Gluten free bread available on request

Wilkin & Sons Tiptree fine cut marmalade, honey, strawberry and raspberry jam

Café du Monde cafetière coffee

Pot of Twinings tea (Traditional English, Earl Grey, Assam, Darjeeling, Lapsang, Green, Fruit, Camomile)

Van Houten Belgian hot chocolate

TRADITIONAL ENGLISH BREAKFAST

Hertfordshire free range eggs from Royston

Scrambled from the buffet - Fried, poached, boiled to order upon request

Grilled Danish back bacon

Dingley Dell Cumberland sausage

* Grilled tomato

* Sautéed mushrooms

Award winning Oakwell black pudding

Hash browns

* Baked beans

* Vegan sausages available on request.

Poached smoked Finnan haddock (£2.50 supplement)

Omelettes (£2.50 supplement)

Grilled Manx kipper (£2.50 supplement)

* Vegan Options



“I went with my Lord Chamberlaine to see a garden at Enfield Towne, thence to West Lodge in the Chace, residence of the Rt. Hon. Henry Coventry, Secretary of State.

It is a very pretty place, the house commodious, the garden handsome and our entertainment free. That which I most wondered at was that in all the Chace, within 14 miles of London, there is never a house, barne, church or building. These are pretty retreats for gentlemen, especially for those who are studious and lovers of privacy.”

John Evelyn’s Diary – 2nd June 1676.



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